

ST. JOHN'S HONEOYE FALLS NEWS

ALL ARE WELCOME AT THE LORD'S TABLE

WELCOME SUMMER!

BY THE VERY REV. VIRGINIA TYLER SMITH

As we head into the Independence Day Weekend, I'm pleased to welcome you to our July and August newsletter. We have some wonderful things happening at St. John's that you will want to note.

First, we continue to open up the parish in new ways now that the pandemic restrictions have loosened. On Sunday, June 27 we began congregational singing again. Now you can join us in all of hymns and sung responses. The choir is meeting in person and recording online, so you can participate in choral singing both in the church and by singing on one of our recorded tracks. Live flowers are in abundance on our altar. A number of us gave flowers to commemorate anniversaries and birthdays in recent weeks. Maybe you would like to donate towards the flowers on a given date to honor a loved one too! Coffee Hour is baking up some real joy this season! We have enjoyed the culinary talents of many who brought in cookies, cakes and pies. We even had a taste test between Oreos and Hydrox sandwich cookies (remember those?). Guess what: Hydrox won by a landslide!

Our gardens are growing like a....well, they're really growing! Many thanks to Pat Culver, Valerie Schillinger, Will Ingle, Mark Donahoe, Allan Shafer, Andy Smith, Shelly Shellman and others who have given plants, mulch, top soil, weeding time and water to our lovely grounds! Watch the campus for plants as they come up. The zinnias will be fabulous in August!

Buildings and Grounds has really "dug in" on a comprehensive list of projects and possibilities for our campus. Some of the projects are bigger ticket items (i.e., painting the church ceiling). Others are fairly simple things, (i.e., installing a recently donated microwave to replace the old one in the Parish House kitchen). We are also in the process of reviewing the condition of the historically relevant chimes located in our bell tower. The good news is that all 17 are in terrific condition for their age, and the frame that holds them is doing well too. Later in the summer, the Buildings and Grounds committee will be make prioritized recommendations to the Vestry for the various projects on the docket. *(continued)*

JOIN US!

SUNDAY VIRTUAL OR IN-PERSON SERVICE, 10 AM

TUESDAY VIRTUAL BIBLE STUDY, 11 AM

WEDNESDAY VIRTUAL EVENING PRAYER, 6 PM

ZOOM MEETING ID: 532-398-8617



Save the date!

SEPTEMBER 25

ST. JOHN'S 2ND ANNUAL FALL FLEA & FUN VENDOR EVENT



(continued from first page)

Many thanks to Will Ingle, Mark Donahoe, Andy Smith, Allan Shafer, John Richards, and Pat Culver for your involvement with these activities. Thanks to Audet Price and Andy Smith for helping us out with cleaning duties!

Summer worship will include a couple of new opportunities. We are also singing a new hymn of praise at the beginning of the service. The hymn To God be the Glory from the English Folk Song Mass is lively and lovely as our gloria. Please join in as we sing! We are experimenting the best with wavs incorporating our folks on Zoom and Facebook with those who are worshiping in the church. We've moved the video screen to the back of the church. This allows Virginia to see who is online without the screen being too obtrusive in the sanctuary. We always acknowledge our friends at home at the beginning of the service, and we all turn and wave during the sharing of the peace. Please take a moment to thank our Altar Guild: Ray Locke, Allene Baillargeon, Lorraine Ndusha, Anne Streule, Judy Haravitch, Glora Ulrop, Maggie Gibbons, Debbie Donahoe and Bev Smith for all of their time and attention throughout our changes in worship.

Mark your calendars for a service and picnic in the Rotary Park on Sunday, August 15 at 5 pm. (The regular Sunday morning service will take place at 10 am as well.) We've invited our friends at the Presbyterian, Methodist and Catholic parishes to join us for our service and BBQ.

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CONGRATS TO THE GRADUATE

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RILEIGH
LARABY



And speaking of BBQ, Silver Spoons will have its summer BBQ on Thursday, July 1. All the usual BBQ fare will be there, including some strawberry shortcake. On Sunday July, 4, we will have strawberry shortcake again—shouldn't it be 3 meals a day this time of year?—just to ensure that Sunday folks get it too!

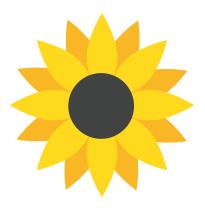
A "late entrant" into the race: the local parishes are considering doing a Vacation Bible School in mid-August. Honeoye Falls United Methodist Church is organizing the program, and we will happily participate and invite any young folks we know to join us!

Bible Study and Evening Prayer will continue in July, but will take the month of August off. Silver Spoons will also take August off.

The Fall Flea and Fun Committee is working feverishly on our September 25 event. Please hold that date and let any one of us know if you have items for the flea market, baked goods for the bake sale or a vendor to recommend for a booth. Committee members are: John Rutkowski, Shelly Shellman, Mary Jo Smith, Katerina Wheeler, Maia Taub and me. Our next meeting is July 11 after church, and all are welcome.

I will be at the College for Congregational Development in Canandaigua from the afternoon of July 18 through the morning of July 24. The Rev. Ginny Mazzarella will be available for any pastoral concerns. The Rev. Michael Laver will return to us on August 1, while I take my family and I take our annual week in Maine.

May peace guide you, may love sustain you and may hope revive you, all through the season! God's peace to all of you, Virginia+



PARISH FINANCIAL UPDATE

At the June 14 Vestry meeting, the Vestry received a financial update reviewing year-to-date performance through May. Our income is ahead of budget. Pledges and plate giving are both very strong. A couple of pledges were paid early, helping our cash flow in the first part of the year. Fundraising is a little behind where we wanted to be, but we anticipate that will be made up through the Fall Flea and Fun event.

Expenses are right on target. A few items, such as insurance, get paid once a year in the first quarter. Other items, like utilities, can be hard to predict if we have hard weather. Spending in those areas is offset by items that are below budget, such as office expense.

As a result, the operating deficit that we projected in January has been held largely at bay. We anticipated that by this time in the year, we would have a deficit of \$11,558. In actuality, our deficit has been \$2,512. That is a very good thing!

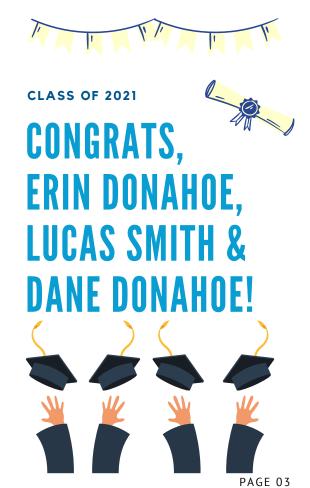
Thanks to the Stock Market, our investments continue to do well. As of May 31, we had \$6,552 in checking and savings, and a total of \$336,182 in our endowment. Approximately \$131,000 of the endowment is in the Meader Fund, which is reserved for buildings and grounds projects. The parish discretionary account, which is used to support those with one-time special needs, and charitable projects within our community, has \$746. This fund is supported through the loose collection on the first Sunday of every month and through special gifts.

Thank you for your continued support of St. John's. Please remember your pledge during the summer months, and consider a gift to the discretionary account, if you are able.

SUNDAY SERVERS

Date	Crucifer	Old Testament	Psalm	New Testament	Prayers
7/4	Ray	Allan	Jan	Ray	Mark
	Locke	Shafer	Metcalf	Locke	Stiegler
7/11	Mary Jo	Allene	Gina	Mary Jo	Jonathan
	Smith	Baillargeon	Hurley	Smith	Motherwell
7/18	Allan	Eileen	Mark	Jan	Allene
	Shafer	Locke	Stiegler	Metcalf	Baillargeon
7/25	Mary Jo	Judy	Allan	Gina	Mary Jo
	Smith	Haravitch	Shafer	Hurley	Smith
8/1	Ray	Mark	Jonathan	Chris	Eileen
	Locke	Stiegler	Motherwell	Baron	Locke
8/8	Allan	Eileen	Kaelin	Kaelin	Chris
	Shafer	Locke	Allmendinger	Allmendinger	Baron
8/15	Mary Jo	Jan	Judy	Allan	Gina
	Smith	Metcalf	Haravitch	Shafer	Hurley
8/22	Ray	Jonathan	Mark	Eileen	Kaelin
	Locke	Motherwell	Stiegler	Locke	Allmendinger
8/29	Allan	Kaelin	Eileen	Judy	Jan
	Shafer	Allmendinger	Locke	Haravitch	Metcalf

July & August Altar Guild: Maggie Gibbons



THERE'S A NEW FOOD CUPBOARD IN LIMA!



Love Leads Us is a newly forming non-profit group in Lima. From their Facebook page: "We believe our work is to promote and support diversity in communities across the nation and world by providing community events, services, volunteerism, and educational programs that address and break structural and inherent biases. We work to ensure an equal opportunity for ALL human kind, teaming up together to serve one another. We are a resource to the oppressed and persecuted, peacefully seeking justice and accountability. We do this because we love our neighbors."

Love Leads Us is proud to debut it's very first food cabinet! It is centrally located on the boarder of Monroe and Livingston Counties (1450 Rochester Street, Lima NY 14485). This is a great opportunity for our Lima and Honeoye Falls neighbors (or anyone passing through for that matter) to love on, serve and be served by one another! The words say it all "Take what you need. Leave what you can."

Accepted Items: Non perishable food items, baby food, quality food that you would eat or feed your family, silverware, bowls/plates, can openers

Please do not leave: Expired foods, Clothing items, Non food related items, Trash in or around the cabinet area

Jillian was able to speak with one of the founders of the group, Jonathan Stills about this new project. He was extremely encouraged, as the food cupboard was made available and announced to the public on June 1, 2021 and as of June 9 it was already being used! Jonathan has hopes of bringing another to the community in the future. Jonathan also expressed that there are other ways to help support the mission of Love Leads Us. If you would like to volunteer to check the food cupboard (mostly checking for expired items) please reach out through groups Facebook. They are also taking monetary donations to recoup the cost of building the cupboard, and purchase items as needed for the food cupboard. Donations can be sent via PayPal





Happy Birthday

July 6: Megan Donahoe
July 8: Anna Young
July 9: Judy Haravitch
July 16: Chris Sequeira Jr
July 20: Jeff Lamphier

Happy Anniversary

July 2: Peter & Allene Baillargeon
July 24: Will & Catherine Faurot

SCHEDULING UPDATES

There will be no Vestry meeting in July.

Evening Prayer, Bible Study and Silver Spoons will be on pause for the month of August!

Happy Summer!





for your hard work deep cleaning the Parish House in June!

Please help us keep it clean and sign-up to help us clean once a month. There are a few, simple tasks that need to be done. We also need help in the church too!

See the sign-up in our weekly email.



THURSDAY, JULY 1 AT NOON \$5 SUGGESTED DONATION WEATHER PERMITTING, OUTDOORS

PLEASE RSVP: 624-4074 OR INFO@STJOHNSHONEOYEFALLS.ORG



Altar Flowers - would you like to honor or memorialize a special person or event by providing altar flowers? Flowers can be from your garden or the store. We are happy to order them for you as well (\$50 fee).

Coffee Hour - we are in need of Coffee Hour hosts. You bring the treats or snacks, St. John's provides the rest. Join forces with a friend or ask for help if you have never done it before. This is a simple way to help out. Treats can be store bought or homemade.

Flower Fund - Flowers make an emotion or sentiment tangible. From this pandemic, we are in a period of renewal. What was once old can be made new again. Please consider donating to the St. John's Church Flower Fund.

Reasons for giving to the St. John's Flower Fund:

1. Memorial



- 2.In Thanksgiving: Thanks to God, a kindness bestowed, the birth of a child, a marriage, an anniversary, a birthday of a friend or loved one, the music in the church, just 'cuz this is the way we've always done it.
- 3. A friend in church- I appreciate you. (Anonymous would be fun)

Fall Flea & Fun Committee - Do you like to organize? Are you creative? Join the Fall Flea & Fun Committee! This will be our second year running this vendor event from our church parking lot. We have already had vendors from last year reach out to see if it would be happening again. Our nex meeting of the Committee is July 11 after Coffee Hour. Please join us!

HELPING OUR COMMUNITY

We are also still working with the Veteran's Outreach Center to provide them with support. They are currently looking for the following items, which can also be brought to church or you can make an appointment with the office to bring them during the week.

- · men's brief's in larger sizes
- new or gently used men's t-shirts/polos
- packaged, store bought cookies
- (size large & XL)

Thank you for your continued help in supporting those in our community!

CHURCH IN THE PARK

Join us Sunday, August 15 at 5pm for Church in the Park for an ecumenical service & BBO!

Rotary Park, Honeoye Falls 214 North Main Street



August 1: Jane Jobe & John Knight
August 2: Ella Hart-Predmore
August 5: Chris Sequeira Sr
August 7: Don Terry
August 12: Judy Reinhard
August 13: CJ Lloyd
August 16: Kyle Terry
August 27: Allan Shafer

Happy Anniversary

August 30: Ray & Eileen Locke

"I'M GOOD, BUT..."

Last week I attended a clergy education program on suicide risk and prevention hosted by the Veteran's Administration in Canandaigua. It was a terrific program. Part of it included a short video, entitled, "I'm good. But are you ready to listen?"

https://www.youtube.com/watch?v=YPFo9EvUUvA&ab channel=VeteransHealthAdministration

In the video, multiple people say, "I'm good," one after the other. They then go on to say, "but..." and then we hear what is on the other side: that they have a story, that they have nightmares, that they don't know who they are anymore. The video ends with the question, "Are you ready to listen?"

It strikes me how often we tell others that we are good, when maybe we really are not. We say we are fine because we are expected to be fine. We say we are good because we don't want to burden others, or because there isn't the time or the space to say what is really happening. We say we are good because we don't want to draw attention, or perhaps, because we really want to believe that all is fine. But what if it isn't all good and fine?

It can be easy in a small church and a small community to think that everyone else is living a perfect life (except for us). Social media shows us all the successes of each other's lives—the graduation parties, and birthdays and anniversaries, the cooking successes, warm memories, and wonderful, cozy moments of blessed homes. *(continued)*

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We must remember that anyone can (and most people do) show what we want the world to see on Facebook and other media. We show what we aspire to in real life: equanimity, joy, and belonging. In truth, that's only half the story. We don't tell what is behind the images: that we have a perfect cake for the birthday party because we stayed up all night and dirtied every pan in the house in order to make it. We don't share that, 30 seconds before the perfect photo was taken, the toddler spilled juice everywhere, and multiple people needed clothing changes. We post about the happy anniversaries, but we don't talk much about the hard ones (losses, regrets, and moments when the wheels fell off). Maybe we say, "I'm good," because we fear that to be anything other than happy and content makes us bad, people.

We keep those moments of pain, anxiety, doubt, anger and darkness locked away. We tell each other we are fine, but in fact the opposite is often closer to the truth. Even when we complain about the stuff of life—misunderstanding spouses, young people doing immature and impetuous things, jobs that make us crazy, we still don't get to the heart of it.

What is at the center (that more often than we care to admit) are our expectations, needs, desires, and those things most dear to us are fragile. Sometimes we encounter things that wound us deeply, that scare us, that make us feel very alone, and very lost. Unfortunately, those feelings can lead us to days, weeks, even years of suffering by ourselves, without understanding or relief. That is not what God wants for you, it is not what faith requires of you, and it's not the rule of the church that only whole people can walk through the door.

Reinhold Niebuhr once said that (and I'm paraphrasing here) that the church is the only place in the world where we see people both at their very best and at their very worst. On their happiest days and on the days with the most grief. As a pastor, I'm always humbled to be present at both of those moments, the happiest and the saddest. What about the days in between? What about the days when you don't know why, but things do not feel right? What about the moments when God feels far away, and hope needs a little boost? What about the times when you wonder what the next step is?

Those are the moments when we all need to stop saying, "I'm good." Do not shut the door on exploring more deeply what is happening and where God is in it for you. Do not try to push away the pain, or numb it, or medicate it, or ignore it. Trust me that it will only get worse.

I promise you: God is there. I also promise that to God, you are good, and deserving of God's love, and receiving that love. It may be hard to feel, especially as summer blooms and we take off our masks, and we try to get our lives back to normal. I say this with absolute conviction and knowledge of its truth: you are not alone, and we your parish family will love you even when you aren't good. We love you because God loves you, and if you're having trouble trusting the majesty and mystery of it all, just trust a smile when you come through the door, and the power of a cool drink as its offered. If you come to me and say, "I'm really not good, and this is why," I will move do everything I can to get you the help, or relief, or solace that you need.

The video said: "I'm good, but I have a story....are you willing to listen?" And the answer is <u>yes</u>. Of course. God is, and so am I. We've got you. So tell us the story.

May God hold and keep you this summer. Virginia+

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Virginia will be at the College for Congregational Development July 18 - 24. The Rev. Ginny Mazzarella will be available for any pastoral concerns. You may reach her at 585-685-2448.				1 12 pm Silver Spoons	2 pm Warden's Meeting	3	
4 Pentecost 6	5	6 11 am Bible Study	7 6 pm E.P. 7 pm AA Meeting - PH	8	9 2 pm Warden's Meeting	10 4 pm Water for Africa Concert, Harry Allen Park	
11 Pentecost 7	12	13 11 am Bible Study	14 6 pm E.P. 7 pm AA Meeting - PH	15	16 2 pm Warden's Meeting	17	
18 Pentecost 8	19	20	21 7 pm AA Meeting - PH	22	23	24	
Virginia at the College for Congregational Development							
Pentecost 9 Rev. Paddy Collins- Bohrer, celebrant	26	27 11 am Bible Study	28 6 pm E. P. 7 pm AA Meeting - PH	29	30	31	

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Pentecost 10 Rev. Michael Laver, celebrant	2	3	4 7 pm AA Meeting - PH	5	6	7	
Virginia on vacation							
8 Pentecost 11	9	10	11 7 pm AA Meeting - PH	12	13 2 pm Warden's Meeting	14	
15 Pentecost 12 5 pm Church in the Park (Rotary Park,	16	17 7 pm Vestry	18 7 pm AA Meeting - PH	19	20 2 pm Warden's Meeting	21	
Honéoye Falls)	Ecumen						
Pentecost 13	23	24	25 7 pm AA Meeting - PH	26	27 2 pm Warden's Meeting	28	
29 Pentecost 14	30 Episcopal Senior Life Golf Tournament	31	VACATION COVERAGE Virginia will be on vacation August 1 - 7. The Rev. Josh Stibb is available for pastoral emergencies. You may reach him at 262-200-1258				



PLEASE PRAY FOR:

Health and well-being:

Theresa, Turi, John, Keith, Renee, Elaine, Sarah, Roger, Josie, George, Anthony, Chelsea, Patricia, Stephen, Rosie, Tony, Alex, Tom, John, Rick, Cathy, Becca, Mike, Rosemary, Katie, David and Charles

For those who have died:
Paul, Doug, David, Elissa, Maria, Sue and Matthew

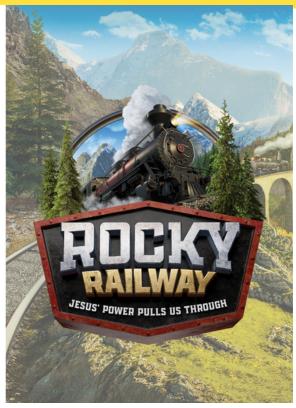
THE CHURCHES OF HONEOYE FALLS PRESENTS

VACATION BIBLE SCHOOL

FOR KIDS IN PRE-K TO 6TH GRADE!



AUG 16 - 20 | 9AM - 12PM 31 EAST STREET, HONEOYE FALLS REGISTER ONLINE AT: HFVBS.EVENTBRITE.COM



ST. JOHN'S HONEOYE FALLS NEWS

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